

# Understanding your VA Benefits

We are honored to serve you.

At SYNERGY HomeCare, we're committed to providing Veterans and their families with exceptional in-home care. The vast majority of our locations are contracted with the VA, and make it easy to use your VA benefits to get the quality in-home support you deserve.

Count on us for reliable home care services so you and your loved ones can confidently live your lives to the fullest.



## Your VA Benefits may cover home care services

If you're not enrolled in VA healthcare, that's the first step. If you have a service-connected disability, see your VA primary care doctor for further guidance. If you don't have a service-connected disability, you can apply in one of the following three ways:

### • APPLY BY MAIL

Complete the 10-10EZ form and send it to the Veterans Administration

<https://bit.ly/46JvRel>



### • APPLY IN PERSON

Bring the 10-10EZ Form to your local VA Medical Center to apply in person

### • APPLY ONLINE

Complete the online application: <https://bit.ly/2qEvenQ>

If you or your spouse need assistance with activities of daily living like dressing, bathing, eating or mobility, memory care, or other support for disability or illness, your VA benefits may cover the cost of home care services. Several VA benefits cover home care, and in many cases, Veterans may be eligible for more than one program.

## Four ways you may qualify for home care benefits through the VA:

**HOMEMAKER AND HOME HEALTH AIDE:** A benefit for eligible veterans who need personal care services and help with activities of daily living. Care is provided by organizations like SYNERGY HomeCare who are part of the Community Care Network, a network of VA-approved providers. Covers respite care for veterans and help with activities of daily living. \* *Homemaker and Home Health Aide Care benefits can only be used in combination with Aid and Attendance Pension benefits. Only available to Veterans, not to spouses.*

**VETERAN-DIRECTED CARE (VDC):** The VA's Veteran-Directed Care program allows veterans to manage their own care, and hire caregivers to help them age in place. Eligibility is based on a veteran's health status or care needs. 30 days of respite care is available each year as well.

**PROGRAM OF COMPREHENSIVE ASSISTANCE FOR FAMILY CAREGIVERS (PCAFC):** The VA now includes assistance for Family Caregivers of eligible Veterans. They must be a family member or live with the veteran full-time to be considered. Each veteran is allowed to have one primary caregiver receive a stipend for their services, along with at least 30 days of respite care each year and other benefits.

## You can apply for home care benefits in one of the following 3 ways:



1) **VA Online Application** (Equal to VA Form 10-10CG) <https://bit.ly/3QyjbZ>



1) **VA Form 10-10CG** <https://bit.ly/45Nu3ja>

2) Mail the form and any supporting documents to:

- Your local **VA Medical Center (VAMC) Caregiver Support Program (CSP) Team.**
  - **Program of Comprehensive Assistance for Family Caregivers**
- Use the CSP Team Locator Tool:  
<https://bit.ly/46JwfJP>
- Health Eligibility Center  
2957 Clairmont Rd NE, Ste 200  
Atlanta, GA 30329-1647



1) Bring your completed VA Form 10-10CG to your local **VA facility's CSP Team.**

- Use the CSP Team Locator Tool: <https://bit.ly/46JwfJP>
- Contact the **Caregiver Support Line at 855-260-3274** or <https://bit.ly/35M67jJ>

**AID AND ATTENDANCE PENSION:** A benefit paid by the VA to eligible veterans, their spouses or surviving spouses in addition to a veteran's basic pension. This can be used to cover home care services, including assistance with daily activities like bathing, eating, dressing, memory care, and support for disability or illness.

### You can apply for this pension by:



Filling out **VA Form 21-2680** and mailing it to your **VA Pension Management Center.**  
<https://bit.ly/3QkoYtk>

### For assistance or support accessing home care benefits, you can:

Call **1-800-827-1000** for direct VA support

Visit your regional or state **Veterans Benefits Administration (VBA)** office at <https://bit.ly/46RBc3G>

Contact a **Veterans Service Organization (VSO)** at <https://bit.ly/3Qf8L8s>

**We're here to help you get the VA benefits you have earned to help pay for your care.**

**Call us to find the home care solution that's right for you.**

**847-304-0123**